

Birdman (Safety Valve), 7yo → 23yo, (m)

firefighter

Internal Collective Unburdening ICU®:

Images:

Retrieved: from grandfather's shed to being inside Tommy's body

- clouds & sunshine
- angels

Unburdened: the need to take Little Tommy out of his body — to angels & sunshine

Reclaimed Qualities: lightheartedness, relaxation

Role: escape / pressure release → acting in theatre